

ECW 2022

12 years of life

7th Edition - 1st online

ILNODO
GROUP



ENERGY, CREATIVE COLLABORATION
AND WELLBEING

ONLINE GROUP RELATIONS CONFERENCE

4th & 5th **FEBRUARY** 2022

LIMITED ENROLLMENT EVENT

Registration is subject to
availability

INFO & REGISTRATION

ecw@ilnodogroup.it

In these Covid times we have developed a greater appreciation of the vulnerability of our bodies and our interdependence with each other and the natural world. ECW is moving online to continue its explorations of our human experiences as social beings connecting and collaborating.

The Energy, Creative Collaboration and Wellbeing (ECW)

conference over the last 12 years has evolved a design incorporating elements of traditional group relations along with various forms of structured and un-structured movement practices, such as a social dreaming matrix followed by “dreams move”, intentional group walks through nature, singing and music making and visual arts.

The unifying principle of the conferences is that both the mind and the body inform the dynamics of the here and now. The body is the mind in fact.

ECW proposes that in the awareness of the body and its needs one becomes available to connect to the earth and its resources. We are now moving in a world where being online is as much a context as any social, geographical or political context, an environment as any other.



As an emergent exploration, **ECW online** looks to answer how we might bridge the mind and the body transcending the two-dimensional computer screen and feeling into that transitional perhaps even numinous space.

Feelings and emotions have a physical equivalent within us, a sort of sixth sense ECW gives importance to these components of the internal world and recognizes their function as receptors and processors of the effects that contacts with the outside world arouse in us, however they occur.

Join us in this journey. Online, and in the body.

THE PRIMARY TASK

The primary task of this conference is to offer participants the opportunity to explore how awareness of resources, energy and creative collaboration can introduce wellbeing in the organizations to which they belong.

The challenge of the work is to extend the field of attention to the unconscious as it manifests itself by observing the languages of bodies in space, of energy fields, of nature, of context and patterns that connect the parts.

Interdependence and relatedness, essential for any kind of systemic thinking, are explored during the events.

Learning is facilitated by accessing individual and group energy and through awareness of the relationships that develop. ECW relates to social context/culture and to nature and the human place within nature. What is nature telling us, what are we telling nature and can the dialogue of human and non-human nature bring blossoming for both?

In present times of climate change, pandemic and deep global crisis these fundamental relationships ask for our attention; they will be a focus for the conference.

WHO IS THIS CONFERENCE FOR?

The conference is open to anyone, from all walks of life, who is interested in understanding groups, organizational dimensions and the evolutionary level found in the social contexts in which we live. Specifically it is directed at those who would like to sustain existing resources in a better and ecological way and to bring new thoughts and wellbeing into the organizations where they operate.

The experience of the conference will allow participants to learn and reflect upon these themes and explore the possibility of creative collaboration towards the realization of a common task, given the limits and the opportunities of the technology.

ECW is a work in progress and a fertile field of research in the field of Group Relations Conferences: we recommend, if you have already participated, to join the first online edition to **deepen learning and develop the ability to apply** it in the context of your life.

METHODOLOGY

The conference series emerge from an evolving organization shaped by the collaboration of the participants and of the staff. Learning is experiential and based on the study of the here and now.

This method requires self-reflection and encourages a free spirit of research and thinking.

STRUCTURE

The design of the online conference incorporates traditional events of Group Relations Conferences alongside specific events that explore the language of the arts and of the moving body in space, such as Vocabulary of Movement, Sound Lines, and Dreams Move.

LANGUAGE: English

DURATION: 4th & 5th February 2022

TIME: 3:00 pm to 9:00 pm (CET)

INFO: ecweilnodogroup.it



PARTICIPANTS' FEEDBACK

The role of the body is vastly under utilized in conferences here in the U.S. and I was so happy to be able to bring all parts of me to the conference and very much appreciated the evolution from the first ECW.

The movement event at this conference was revelatory... While brief non-traditional explorations (art, movement, music etc.) can be very helpful to introduce some element of play into conferences and provide a creative entry into the unconscious, I don't think that the whole person and system is accessed as completely as was the case in ECW.

JL 2019

It has contributed to reflect on human nature and the different behaviours people display around work and leadership... I understood better the mind body connections, which are often neglected.

AN 2019

Being able to see oneself reflected in the other, feeling the critical issues and conflicts within the group they belong to and in the other groups has been a reason for growth for me

SC 2019



click the link below, to see a short video about prior ECW events

https://youtu.be/E6wUuK-O_YQ

STAFF

CO-DIRECTORS

Franca Fubini, *Co-director*

Psychotherapist, group analyst and consultant organization; staff member of Group International Relations Conferences; Amerta movement teacher; co-founder of the socialdreaming.it association, chair of Social Dreaming International Network and vice president of Il Nodo Group, member of OPUS and of ISPSO.

Luca Mingarelli, *Co-director*

Social entrepreneur, psychologist, president Rosa dei Venti onlus, Director of Therapeutic Community for adolescents, Consultant of Organizations. Treasurer of Il NODO Group. OPUS member. Creator and Co-director of events Innovative GR: "Energy, creative collaboration and well-being in organizations" and "Learning from Action". National basketball coach. Registered in the Order of Journalists

CO-ADMINISTRATORS

Anabel Navarro

Professional Development Manager, London, UK. BA (Hons) Philosophy, University of Buenos Aires, Argentina. BA (First Class Hons) Modern Languages, The Open University, London, UK. Postgraduate Certificate in Education, Institute of Education, University College London, UK. Classical Greek Language and Literature; Latin Literature and Language philology studies, University of Buenos Aires, Argentina. Teacher of Languages, Qualified Teacher Status, UK

Sara Scrimieri

Psychologist, Psychotherapist, Aippi - Italian Association of psychoanalytic child psychotherapy - Associate Member, Psifia - Psychotherapists for the family, childhood and adolescence - Vice President and Treasurer, forensic consultant

CONSULTANTS

Maria Pia Conte

Psychiatrist, Psychoanalyst, member of Italian Psychoanalytic Society and of International Psychoanalytical Association, guest member of the British Psychoanalytic Society. Member of Il NODO Group, Torino and OPUS, London.

Tim Jones

storyteller and voice artist through The Nature of Sound, offers a programme of voice/movement education and performance: Amerta movement practitioner and teacher: 'The Body of the Therapist' , a training for application within clinical contexts is in development in collaboration with the Pescara CSPP.

Jack Lampl

Organizational Consultant,
Credentialed Mediator,
Visual Artist , Past President and
Fellow A K. Rice Institute, Board
member San Diego Psychoanalytic
Center, Past President Threshold
Foundation, Founder of Subjective
Technologies Inc.

a too early stage virtual reality startup



REGISTRATION AND FEES

ECW is a field of exploration for new thinking which can foster a sustainable approach to the available resources. The same mindset is reflected in the approach to the finances of the conference.

Generosity and trust: the full registration fee is 250 euro. No one will be turned away if they are not able to afford the full fee. Please contribute based on your circumstances and in support of others. It could be more, it could be less.

This choice reflects the spirit of ECW's innovative approach: trusting in the power of nature and the group itself, as sustainable resources to address the pandemic.

For registration and payment, please follow [this link](#).

SPONSORED BY



The NODO Group is a non-profit scientific-cultural social enterprise born from a professional team established in Turin in the 90s who carried out study, training and consultancy in collaboration with the Tavistock Institute of Human Relations of London and with other scientific national and international institutions. The NODO Group has the mission of being a multidisciplinary scientific center, with a membership base of professionals with interdisciplinary and transversal skills in the health sector, health and social care and social welfare, in businesses, schools, in social cooperation and public administration.

It is the sponsor of the residential Group Relations Conference "Authority, Leadership and Innovation" (ALI), repeated annually since 1998.

[**ilnodogroup.it**](http://ilnodogroup.it)

IN PARTNERSHIP WITH:



ORGANIZATIONAL CONSULTATION AND APPLIED RESEARCH



REGISTRATION AND INFORMATION

The Secretariat and the Management will be happy to answer your requests for information at: ecw@lnodogroup.it