

ECW 2023

13 Years of Life

7th Edition - 2nd Online

ILNODO GROUP

ENERGY, CREATIVE COLLABORATION AND WELLBEING

AN ONLINE GROUP RELATIONS CONFERENCE

13th-14th & 16th January 2023

INFO & REGISTRATION ecw@ilnodogroup.it

The second edition of the Group Relations Conference Energy, Creative Collaboration and Wellbeing, welcomes the challenges of life online, an environment where the weave of languages available, expressive of being and of human sensitivity and interrelatedness, are open for exploration.

The Energy, Creative Collaboration and Wellbeing (ECW) conferences over the last 13 years have evolved a design incorporating events of traditional Group Relations along with a somatic understanding of the body in movement (movement as being), sound and an awareness of the environment within which life unfolds, an ecological approach inviting sensuous participation.

“Rather than thinking of ourselves only as observers, picking our way around objects lying about on the ground of a ready formed world, we must imagine ourselves in the first place as participants, each immersed with the whole of our being in the currents of a world-in-formation: in the sunlight we see in, in the rain we hear in and the wind we feel in...”

Tim Ingold - Being Alive

The unifying principle of the conferences is that both the mind and the body inform the dynamics of the here and now. The body is the mind in fact.

ECW proposes that in the awareness of the body and its needs one becomes available to connect to the earth, its resources, and the underlying interdependence of the whole. Online life is as much a context as any social, geographical or political context, an environment as any other.



Join us in the journey: online and in the body.

THE PRIMARY TASK

The primary task of this conference is to offer participants the opportunity to explore how awareness of resources, energy and creative collaboration can introduce wellbeing in the organizations to which they belong.

The challenge of the work is to extend the field of attention to the unconscious as it manifests itself by observing the languages of bodies in space, of energy fields, of nature, of context and patterns that connect the parts.

Interdependence and relatedness, essential for any kind of systemic thinking, are explored during the events. Learning is facilitated by accessing individual and group energy and through awareness of the relationships that develop. ECW relates to social context/culture and to nature and the human place within nature. What is nature telling us, what are we telling nature, and can the dialogue of human and non-human nature bring blossoming for both?

In present times of climate change, pandemic, wars and deep global crisis these fundamental relationships call for our attention; they will be a focus for the conference.

WHO IS THIS CONFERENCE FOR?

The conference is open to anyone, from all walks of life, who is interested in understanding groups, organizational dimensions and the evolutionary level found in the social contexts in which we live. Specifically, it is directed at those who would like to sustain existing resources in a better and ecological way and to bring new thoughts and wellbeing into the organizations where they operate. The experience of the conference will allow participants to learn and reflect upon these themes and explore the possibility of creative collaboration towards the realization of a common task, given the limits and the opportunities of the technology. ECW is a work in progress and a fertile field of research in the field of Group Relations Conferences.

METHODOLOGY

The conference series emerge from an evolving organization shaped by the collaboration of the participants and of the staff. Learning is experiential and based on the exploration of the here and now. This method requires self-reflection and encourages a free spirit of research and thinking.

STRUCTURE

The design of the online conference incorporates traditional events of Group Relations Conferences adapted to the task and to the online environment; specific events that explore the language of the arts and of the moving body in space have been developed, such as Vocabulary of Movement, Sound Lines, Dreams Move, Community Event.

LANGUAGE English

TIME

5:00 pm to 10:00 pm (CET)

4:00 pm to 9:00 pm (London)

11:00 am to 4:00 pm (New York)

11:00 pm to 4:00 am (Singapore)

2:00 am to 7:00 am (Sydney)

DATES 13th, 14th and 16th January 2023 (note: free day on January 15th)

Click the links below, to see a short video about prior ECW events, in presence and online:

[ECW GRC by Il Nodo Group \(Youtube\)](#)

[ECW 2023 Online Taster \(Vimeo\)](#)

PARTICIPANTS' FEEDBACK

"I found the parts of the conference specifically related to the embodied experience as great exploratory opportunities. I was clearly out of my comfort zone, but I believe it has been an effective way to integrate the body into an online event." MV 2022

"The role of the body is vastly underutilized in conferences here in the U.S. and I was so happy to be able to bring all parts of me to the conference and very much appreciated the evolution from the first ECW. The movement event at this conference was revelatory... While brief non-traditional explorations (art, movement, music etc.) can be very helpful to introduce some element of play into conferences and provide a creative entry into the unconscious, I don't think that the whole person and system is accessed as completely as was the case in ECW." JL 2019

"It has contributed to reflect on human nature and the different behaviours people display around work and leadership... I understood better the mind body connections, which are often neglected." AN 2019

"Being able to see oneself reflected in the other, feeling the critical issues and conflicts within the group they belong to and in the other groups has been a reason for growth for me." SC 2019



STAFF

Leslie Brissett

Group Relations Programme Director at the Tavistock Institute of Human Relations. He believes that the human being is opening up to the mystery of the body and the mind as an interconnected sentient system that includes all matter.

Maria Pia Conte

Psychiatrist, Psychoanalyst, member of Italian Psychoanalytic Society and of International Psychoanalytical Association, guest member of the British Psychoanalytic Society. Member of Il NODO Group, Torino.

Franca Fubini

Psychotherapist, group analyst and organizational consultant; chair of Social Dreaming International Network and member of Il Nodo Group.

Tim Jones

Storyteller, voice artist and musician.

Jack Lampl

Organizational Consultant, Credentialed Mediator, Visual Artist, Past President and Fellow A K. Rice Institute, Board member San Diego Psychoanalytic Center, Past President Threshold Foundation, Aspiring mover and shaker.

Luca Mingarelli

Social entrepreneur, psychologist, president Rosa dei Venti onlus, Director of Therapeutic Community for adolescents, Consultant of Organizations. Treasurer of Il NODO Group. OPUS member. Creator and Co-director of events Innovative GR: "Energy, creative collaboration and well-being in organizations" and "Learning from Action". National basketball coach. Registered in the Order of Journalists.

Sara Scrimieri

Psychologist, Psychotherapist, AIPPI Associate Member; PSIFIA Vice President and Treasurer; forensic consultant.

Marco Valerio

Consultant, scientific research on the body-mind connection.



REGISTRATION AND FEES

ECW is a field of exploration for new thinking which can foster a sustainable approach to the available resources. The same mindset is reflected in the approach to the finances of the conference.

ECW Online works from a basis of 'Trust, Generosity and Awareness'.

There will be a three-tier fee for covering the cost of the conference which may allow for a wide range of participation:

1. €100 fee + 22% VAT (total €122) - young (below 25), unemployed, disadvantaged geographical areas
2. €220 fee + 22% VAT (total €268) - regular fee
3. €300 fee + 22% VAT (total €366) - to support the event and those participants who contribute the lower amount

For registration and payment, please follow [this link](#).

SPONSORED BY

ILNODO GROUP

The NODO Group is a non-profit scientific-cultural social enterprise born from a professional team established in Turin in the 90s who carried out study, training and consultancy in collaboration with the Tavistock and Portman NHS Foundation Trust, London and with other scientific national and international institutions. The NODO Group has the mission of being a multidisciplinary scientific center, with a membership base of professionals with interdisciplinary and transversal skills in the health sector, health and social care and social welfare, in businesses, schools, social cooperation and public administration. It is the sponsor of the residential Group Relations Conference Authority, Leadership and Innovation” (ALI), repeated annually since 1998. ilnodogroup.it

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INFORMATION: The Secretariat and the Management will be happy to answer your requests for information at: ecw@ilnodogroup.it