

# Learning for Leadership

**A virtual group relations conference whose primary task is for psychiatry residents and fellows and practicing psychiatrists to learn about group and organizational processes in a temporary educational institution focusing on the experiential study of leadership and the exercise of authority in groups, organizations and social systems**

**May 20-23, 2021**



Conference Director  
Jeffrey D. Roth, MD, DLFAPA, FAKRI

Associate Director  
Samar Habi, MD

Assistant Director for Administration  
Robert Hsiung, MD, DLFAPA

## Sponsored by:



**The University of Chicago  
Department of Psychiatry and  
Behavioral Neuroscience**



**The A. K. Rice Institute for the  
Study of Social Systems**



**The American Association for  
Psychiatric Administration and  
Leadership**

## Rationale and Aims: Learning from Experience

Effective leadership and the exercise of authority require more than intellectual and technical understanding. The group relations model provides a well-defined context within which to examine group-level dynamics as they occur in the here-and-now. As people work in groups, organizations and other social systems, participation takes on many different meanings — influencing thoughts, feelings and action. The confluence of individual meanings powerfully affects the identities, roles and authority we experience in any group, including mental health systems, schools, organizations, institutions, communities and society.

## Members of the Conference Have the Opportunity to Directly Experience

- How we join and engage in the work of the group, delegate and resist authority, and develop roles and reputations.
- How we contribute to and obstruct getting our work accomplished.
- How we exercise authority, power and influence in meaningful and effective ways, both as leaders and as followers.
- How groups cooperate in creating and enabling adaptive roles.
- How groups collude in enabling maladaptive roles.

## Structure and Method

The CONFERENCE is organized as a sequence of group and inter-group interactions with different opportunities to take up membership and leadership roles. Events include experiences in:

**PLENARY EVENTS (PCO, IEPO, IEPR, PCR)** — consists of all conference members with staff consultants who assist the group with the primary tasks of entering and joining the conference (PCO) and the institutional event (IEPO), and reviewing the institutional event (IEPR) and the conference as a whole (PCR).

**SMALL STUDY GROUP (SG)** — consists of ten members with a consultant or co-consultants who assist the group with the primary task of studying its own behavior in the here-and-now and its relationship to authority.

**LARGE STUDY GROUP (LG)** — consists of all conference members with a team of consultants that assists the group with the primary task of studying its own behavior in the here-and-now and its relationship to authority under conditions in which face to face interaction is difficult or impossible.

**INSTITUTIONAL EVENT (IE)** — members form their own groups to interact with other member groups and with the staff group. The primary task of the IE is to study authority and leadership and the overt and covert processes that develop as these groups evolve and interact in the here-and-now.

**ROLE REVIEW/APPLICATION GROUP (RRAG)** — consists of five or six members with a consultant; provides opportunities for members to further reflect on their experiences and roles in the different conference events and relate them to their work roles in community and institutional settings.

*Please note: The conference is designed to provide an integrated experience. Learning occurs not only during individual conference events but also from their sequence and relationship to one another; therefore, membership entails a commitment to attend all events.*

## Conference Schedule (Pacific Time)

	Thursday	Friday	Saturday	Sunday
800	PCO		IE5	
815	8:00-8:25			
830	SG1	SG4		SG7
845				
900			Break	
915			IE6	
930				
945	Break	Break		Break
1000				
1015	LG1	LG3	Break	LG5
1030			IEPR	
1045			Plenary	
1100			Review	
1115				
<b>1130</b>	Lunch	Lunch	Lunch	Lunch
<b>1230</b>	SG2	IEPO	SG 5	PCR
1245		Plenary & IE1		
1300				
1315		Break		
1330	Break	IE2	Break	Break
1345				
1400				
1415	LG2		LG4	RRAG4
1430				
1445		Break		
1500		IE3		
1515				
1530	Break		Break	Break
1545				Social Hour
1600	SG3	Break	SG6	
1615		IE4		
1630				
1645				
1700				
<b>1715</b>	Break	Break	Break	
<b>1745</b>	RRAG1	RRAG2	RRAG3	
1800				
1815				
1830				
1845				

## Registration

### **Membership:**

Enrollment will be limited to 60 members. Early registration is advised. Members applying after enrollment reaches 60 will be put on a waiting list. The registration deadline is May 7. In order to apply, register at:

<https://forms.gle/tZQwGoDqtHEw7WuV8>

### **Reference Letter:**

Experiential learning can sometimes be stressful. Individuals who are experiencing significant personal difficulty are encouraged not to attend the conference. In addition to completing the Conference Registration Form, each applicant is required to provide a letter of reference from someone who can vouch for their ability to participate in an intensive learning experience. The applicant is responsible for seeing that this letter is submitted by May 7. Letters should be sent to:

[grcpsychiatry2021@gmail.com](mailto:grcpsychiatry2021@gmail.com)

### **Payment of Fees:**

The registration fee for the conference is \$500, payable [here](#) (use a PayPal account or "Pay with Debit or Credit Card").

### **Letter of Admission:**

Will be issued after the registration, reference letter, and payment are received.

### **Withdrawals and Cancellations:**

Withdrawals after May 7 will not be refunded unless someone on the waiting list fills the position.

## Staff Bios



### CONFERENCE DIRECTOR:

**Jeffrey D. Roth, MD, DLFAPA, FAKRI:** Medical Director, Working Sobriety Chicago; Lecturer, Psychiatry, University of Chicago; Adjunct Faculty, Rush Medical School; Founding Member and Past President, CCSGO; Fellow, AKRI



### CONSULTING STAFF:

**Seamus Bhatt-Mackin, MD, FAPA:** Director, Program for Clinical Group Work, VA Mid-Atlantic MIRECC; Steering Committee Member, APA Psychotherapy Caucus; Psychotherapy Committee, AADPRT



### ASSOCIATE DIRECTOR:

**Samar Habi, MD:** Associate Medical Director and Director of Admissions, Austen Riggs Center; Author, *The Role of Personal Therapy in Psychiatry Residency Training: A Survey of Psychiatry Training Directors*; Member, CSGSS; Associate, AKRI

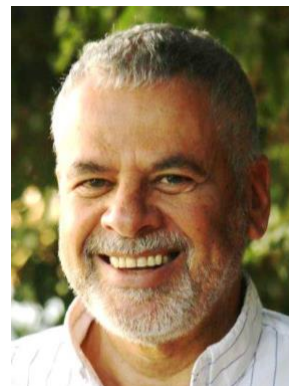


**Shelley Firestone, MD:** Medical Director, Chicago Psychotherapy and Psychiatry; Lecturer, Psychiatry, University of Chicago; Member, CCSGO and W-BC; Associate, AKRI



### ASSISTANT DIRECTOR OF ADMINISTRATION:

**Robert Hsiung, MD, DLFAPA:** Past Associate Professor, Psychiatry, University of Chicago; Editor, *E-therapy: Case Studies, Guiding Principles, and the Clinical Potential of the Internet*; Member, CCSGO



**Yermi Harel, MD:** Senior Psychiatrist, Lewenstein Rehabilitation Hospital; Lecturer, Sackler Faculty of Medicine, Tel Aviv University; Member and Past Board Member, OFEK, Israel

## Staff Bios

### CONSULTING STAFF:



**Suma Jacob, MD, PhD:** Professor, Psychiatry, Behavioral Sciences and Pediatrics, Director of Autism Research, Co-Director of CANeurodevelopment Lab, Associate Director of the Medical Scientist Training Program, University of Minnesota; Co-Creator, Group Relations International; Associate, AKRI



### CONSULTING STAFF:

**Shahin Sakhi, MD, PhD:** Clinical Faculty, Psychiatry, UCLA; Past Director, Group Relations Training, UCLA; Past Director and Supervisor, Applying Group Dynamics Learning to Psychotherapy, Tehran, Iran; Past President, GREX; Associate, AKRI



**John Lundgren, MD, FIPA:** Associate Clinical Professor of Psychiatry and past Co-Director, Group Relations Training, UCLA; Training and Supervising Analyst and Past President, Psychoanalytic Center of California (PCC); Member, GREX; Associate, AKRI



**Edward Shapiro, MD, DLFAPA, FAKRI:** Past Clinical Professor, Psychiatry, Yale Child Study Center; Past Medical Director and CEO, Austen Riggs Center; Principal, Boswell Group; Author, *Finding a Place to Stand: Developing Self-Reflective Institutions, Leaders and Citizens*; Board Member and Fellow, AKRI



**Mellini Mahadevan, MB, ChB, MRCPsych:** Consultant Psychiatrist in Medical Psychotherapy, Head of PATH Unit, Adult Complex Needs Department, Tavistock Centre



**Patricia L. Speier, MD:** Clinical Professor, Psychiatry, University of California, San Francisco; Adult, Child and Adolescent Analyst and founding member, Infant, Child and Adolescent (iCAT) Analytic Program, C.G. Jung Institute of San Francisco; Associate, AKRI

## Staff Bios

### CONSULTING STAFF:



**Sarah Wynick, MB, BS, MRCPsych:**  
Head of Child & Adolescent  
Psychiatry, Tavistock & Portman NHS  
Trust; Organisation and Group  
Consultant; Psychoanalytic Couple  
Psychotherapist, BPC accredited, UK



### ADMINISTRATIVE STAFF:

**Lori Schweickert, MD:** Adjunct  
Faculty, Duke University School of  
Medicine; Medical Director, 3-C  
Family Services; Former Board  
Member, CSGSS; Consulting  
Candidate, AKRI